What a Week

Thank you so much to the men who came along to support our White Ribbon Day event. It is such an important message which really needs to be supported by men if we are to eliminate violence against women by men.

We were quite famous this week as we had 2 articles in the Mercury. Thank you to Mrs Connell for organizing the White Ribbon Day event and our double page spread in the Mercury.

It is a lot of work supporting children through the writing process to produce quality work as well as meeting the publishing deadline at this very busy time of year.

Next week is our annual volunteer helpers’ lunch. Invitations have already been sent home to the many people who support our school in so many ways.

It is always difficult to make sure that we have included everyone so if you have not received a personal invitation please just turn up next Thursday, December 4 at 1pm.

We could not run some of our programs without your support.

Thank you to the parents who have sold lots of raffle tickets for our Christmas Hamper which now includes a bike.

If you need more tickets they are available at the office and will also be on sale at our Presentation Assembly.

We have lots of lovely items for this hamper but next Friday is the final opportunity to send in another donation.

Lots of awards were handed out on Wednesday for a range of achievements. I hope that parents value this recognition for their children and keep the certificates in a safe place.

We included a congratulatory letter to parents who have always done the right thing in informing the school promptly of the reason for their child’s absences as well as having justified reasons for these absences.

We really appreciate this.

Please take the time to read the expectations for our Presentation Assembly coming up soon.

We really want this event to go smoothly and focus on the students receiving awards.

Dorothy Cass
URGENTLY NEEDED!

Someone that is able to help sew our knitted squares together.

Parents prepared to cover work books for students next year.

Please contact Mrs. Connell if you are able to do either of these important jobs

SPECIAL ASSEMBLY AWARDS

Awards were handed out for:

- The Premiers Reading Challenge
- Premiers Reading Challenge Gold Awards
- The Premiers Sporting Challenge
- School Service Awards
- Young Leaders Day Awards
- Attendance letters to parents

Congratulations to all recipients of any of these awards.

BADGES AND WRISTBANDS

<table>
<thead>
<tr>
<th>Compassion</th>
<th>Emmy, Billie, Caleb, Jordan, Nikeisha,</th>
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<td>Wristband</td>
<td>Emmy, Billie, Kasey, Khody, Levi, Sariah</td>
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</tbody>
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PARENTING TIP

Positive Peers Matter!

Your child's friends impact heavily on their wellbeing and frame of mind.

When children's relationships are smooth, children seem to be happier, more content and even learn better.

Recent research demonstrates that the wellbeing of teenage girls is highly influenced by their peer groups.

A positive peer group equates with high life satisfaction regardless of what other factors are at play.

(From Michael Grose – Australia's no 1 parent educator)

OUTSTANDING PAYMENTS

Reminders of payments have gone out to all families and we hope that parents will finalise payments before the end of the year because we are currently running at a loss of $1 700.

The school unfortunately does not receive funding for extra programs such as Dance 2B fit.

The school contribution is needed to pay for a range of online programs that children use.

Payment would be appreciated!

PRIMBEE VALUES-WHITE RIBBON DAY

We had a great afternoon and hopefully raised awareness of this important issue.
CHRISTMAS HAMPER RAFFLE

Raffle tickets have been sent home but not many have been returned with the money. Please send them back as soon as possible even if they are unsold as each child has been issued a unique number and are accountable for their tickets.

If you need more once you have sold the first book they will be available at the office.

The money from this fundraising event will go towards subsidizing next year’s programs. All children benefit from your generosity.

The next mufti day for the Christmas Hamper is on December 5 and any suitable items can be brought in at this time. Chocolates, mince pies, puddings etc. would be great as well as drinks, decorations, chips and nuts.

Please make sure that the expiry date is well after Christmas.

Tickets will still be available at the Presentation Assembly which is when the raffle will be drawn!

Good luck everyone!

PRESENTATION ASSEMBLY

This is on December 11 and will consist of 3 sessions.

The first session will include all the class awards followed by a recess where food and drinks will be for sale.

The next session will be all our special awards and medals. This year we have several guest presenters and some additional awards.

Year 6 certificates and gifts will also be presented.

Lunch will be next followed by the concert and raffle draw.

We must be on the buses to go back to school at 2:30.

The year 6 Farewell dinner will start at 5:30 and the rest of the school is invited to the disco at 6:30 which will end promptly at 8:30 p.m.

Expectations

So that everything goes smoothly and the focus remains on the students who are receiving awards we ask for the support of family and friends in the following areas.

We want to make the day about your school age children so the focus needs to be on them. If it’s possible to organize babysitting that would make it easier to maintain this focus.

- Preschoolers need to stay with their parents and be as quiet as possible (bring something quiet for them to play with and a small snack if necessary).
- Make sure that preschoolers do not end up on the steps or the stage.
- Take crying preschoolers outside
- Please clap for every student not just your own child and stay for the whole session unless you really have to go.
- Take photos from your seat or move to the designated photo area
- School children must remain in their area with their teacher and are not to take preschool siblings to the toilet or leave their area to sit with their family. It is still a school day and enrolled children are the responsibility of the teachers until they go home.
- Make sure that all rubbish goes in the bin or is taken home.
- Remain in the hall until the next break.
- Purchase and eat food only at the scheduled breaks

Please remind your child prior to the day that not all children will receive an award. Children need to understand and cope with the feelings that are part of missing out.

Being able to cope with feelings of anger or sadness when this happens is an important aspect of becoming resilient. Children should not see it as a sign of personal failure but
in fact appreciate that the winner is deserving of the award.

Everyone can feel proud of themselves if they know that they have done their personal best!

Thanks for your support!

LIBRARY

Reminder – that all books and home readers need to be returned as soon as possible. Thank you

CAPTAIN’S SPEECH

The first week of the school swimming scheme has come and gone. The children who have been going have reported back that they are loving it!

The end of term is coming and everyone is getting excited. Very soon we will be having a Christmas mufti-day. Just a reminder that the presentation day will be on the 11th December and don’t forget to bring in your Christmas hamper raffle tickets.

UNIFORMS

All uniform orders are now ready for collection once the final balance has been paid.

These can be collected from the uniform shop on Tuesday mornings from 8.40am till 9am, and Tuesday afternoons from 2.45pm-3pm for the next 2 weeks.

Please return this slip if your child is not returning to Primbee PS in 2015 so that we can organise our classes for next year.

2015 Enrolment

My child will not be returning to Primbee PS in 2015.

Childs Name:__________________________________

Class:_______________________________________

Signed:________________________________________

Students who require a bus pass for next year should be applying next month. Please forward the applications to your school.

Students moving into year 3, students moving into year 7 and any students who have changed their address will need to apply now so applications can be processed over the Christmas break.

NOTE: There will be a 2 week period at the start of the year for students eligible for free travel to receive their passes, but students who are ineligible will be charged for travel and after the 2 week period other students who have not received their pass as yet may also be charged.

CHILD DENTAL BENEFIT SCHEDULE

The foundation for healthy permanent teeth in children and teenagers is laid during the first years of life. Therefore, it is essential to establish a proper oral hygiene routine early to help safeguard the development of strong and healthy teeth. The Australian Government has made available the Child Dental Benefit Schedule to assist parents and young people in maintaining proper oral hygiene.

BENEFITS AVAILABLE UNDER THE CHILD DENTAL BENEFIT SCHEDULE

Benefits will cover a range of services including examinations, teeth cleaning, fissure sealing, fillings, root canals and extractions.

In 2014, benefits for basic dental services are capped at $1,900 per child over 2 consecutive calendar years.

WHO ARE ELIGIBLE FOR CHILD DENTAL BENEFIT SCHEDULE

To be eligible a child must be:

• aged between 2 and 17 for at least 1 day of the calendar year

• eligible for Medicare

You can confirm your child’s eligibility by calling the Medicare general enquiries line on 132 011 or simply come to our Centre and we will check it for you.

HOW TO USE THE CHILD DENTAL BENEFIT SCHEDULE

• Make an appointment with Centre Health Dental (Barrack Heights) – Ph: 4295 1944 and we will bulk bill the service.
Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's absolutely FREE.

WHEN DOES GO4FUN RUN?
Go4Fun runs for 9 weeks after school or on weekends during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

WHAT DO WE DO AT GO4FUN?
Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you've learnt into practice.

Every week the children will also be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

START UP PACK
Your child will receive a start-up pack including a:
• Go4Fun backpack,
• Go4Fun t-shirt,
• Go4Fun water bottle
Your child can also earn bonus rewards including:
• Wristbands
• Bouncy ball and
• $30 Sports equipment voucher*

HOW DO I ENROL?
Registrations for Term 1 programs are now open.

Wollongong program - Saturdays 9:30am - 11:30am at UOW Sports Hub starting Saturday 31st January
Unanderra programs - Thursday 4pm – 6pm at Unanderra Community Centre starting Thursday 5th February.

We’d love to welcome you and your child into a Go4Fun program and encourage you to secure your child’s place in a program by contacting 1800 780 900

*who complete 8 or more sessions & Healthy Growth Check 2
ABOUT THE COLLEGE

THE FIVE ISLANDS SECONDARY COLLEGE WAS ESTABLISHED IN 1991 ON THE SITE OF THE FORMER PORT KEMBLA HIGH SCHOOL. IT IS ONE OF ONLY FOUR DEPARTMENT OF EDUCATION AND COMMUNITIES SENIOR COLLEGES OPERATING IN NSW.

THE COLLEGE PROVIDES AN ADULT-ORIENTED LEARNING ENVIRONMENT IN WHICH STUDENTS ARE ENCOURAGED TO TAKE GREATER RESPONSIBILITY FOR THEIR OWN LEARNING. COLLEGE ORGANISATION SUPPORTS THIS DIFFERENT APPROACH TO SUIT MATURE-AGE, RE-ENTRY AND CONTINUING STUDENTS THROUGH FULL-TIME AND PART-TIME PATHWAYS.

THE COLLEGE OFFERS A HIGH-QUALITY EDUCATION TO ALL STUDENTS ACROSS A WIDE RANGE OF ACADEMIC AND VOCATIONAL PROGRAMS, INCLUDING SPECIAL INTEREST SUBJECTS.

THE COLLEGE IS DESIGNATED BY THE DEPARTMENT OF EDUCATION AND COMMUNITIES AS A CENTRE OF EXCELLENCE IN INTEGRATING EDUCATION AND TRAINING IN RECOGNITION OF ITS OUTSTANDING ACHIEVEMENTS IN EDUCATION.

ENROLMENT INFORMATION

Due to the popularity of the afternoon classes, students who wish to enrol should have their name placed on the waiting list, to avoid disappointment.

Enrolment applications are welcomed from August. Please contact our Administration Office on:

T | 4274 0621  F | 4276 2835
E | fiveislands-h.school@det.nsw.edu.au
W | fiveislands-h.schools.nsw.edu.au
A | Military Road Port Kembla NSW

AFTERNOON FURNISHINGS COURSE INFORMATION

YOUR PATHWAY YOUR FUTURE

AFTERNOON COMPUTER AND PHOTOGRAPHY COURSE INFORMATION

YOUR PATHWAY YOUR FUTURE